

December 2022



DTA MANAGER

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Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 We're decking the halls at the Y – we have hot cocoa & holiday tunes; all we need is YOU!
5 Speeches Yoga with Doris Art Projects Mad Libs with Connie	6 Music Gym Rats Adaptive Sports	7 Group A: Goodwill shopping for gifts (\$5.00 - \$20.00, amount may vary depending on gift) Culinary Workout Gym	8 Group B: Goodwill shopping for gifts (\$5.00 - \$20.00, amount may vary depending on gift) Culinary Workout Gym	9 Fun Friday @ the Village (Movies, Karaoke, Bingo, Free Lunch, & More)
12 Speeches Yoga with Doris Art Projects Mad Libs with Connie	13 Music Gym Rats Adaptive Sports	14 Group A: Sweetie's Candy Shop, \$2.00 - \$5.00 Culinary Workout Gym	15 Group B: Sweetie's Candy Shop, \$2.00 - \$5.00 Culinary Workout Gym	16 Wear your Christmas onesie for this day of holiday movies & popcorn!
19 Speeches Yoga with Doris Art Projects	20 Music Gym Rats Adaptive Sports	21 Group A: Desert Breeze Railroad Park \$5.00-\$10.00 for Train and Carousel Rides. Please bring a sack lunch.	22 Group B: Desert Breeze Railroad Park \$5.00-\$10.00 for Train and Carousel Rides. Please bring a sack lunch.	23 CLOSED FOR CHRISTMAS
26 CLOSED FOR CHRISTMAS	27 Music Gym Rats Adaptive Sports	28 Group A: Dr. AJ Chandler Park Walk	29 Group B: Dr. AJ Chandler Park Walk	30 Fun Friday @ the Village (Movies, Karaoke, Bingo, Free Lunch, & More)